

Gastroenterology Specialties, PC
Moviprep 2 Day Instructions – Dr. C. Antonson

Admit Time: Please check in 45 minutes prior to your procedure time.

General instructions for colonoscopy:

- A nurse will be contacting you 5 to 7 days prior to the procedure to review your medical history (unless you have been seen recently in the office). At this time your bowel prep prescription will be forwarded to the pharmacy of your choice.
- Medication instructions will be given when your medical history is reviewed.
- **Blood thinning medication such as Warfarin (Coumadin), Plavix, Pletal, heparin, Aggrenox** may need to be held up to 5 days prior to the procedure. This is **VERY IMPORTANT!!**
- Arthritis medications such as Celebrex, ibuprofen (Advil, Motrin, Nuprin), naproxen (Aleve), or ketoprofen (Orudis) should be held for 3-5 days prior to your procedure.
- **YOU WILL NEED A DRIVER TO TAKE YOU HOME.** A responsible friend or family member must accompany you home

*Clear liquids consist of Jell-O(no red, blue or purple), apple juice, white grape juice, cranberry juice, tea, clear broth, sodas, water, colas and Gatorade.

****Solid foods, milk, or milk products are NOT ALLOWED.**

PLEASE FOLLOW INSTRUCTIONS BELOW, DISREGARD PACKAGE INSTRUCTIONS.

2 Days prior to your colonoscopy

Start a *clear liquid diet at 12:00 pm (noon)

At 5:00 pm drink first liter of MoviPrep (8oz every 15 minutes until bottle is gone)

1 Day prior to your colonoscopy

Continue on the *clear liquid diet

At 8:00 am drink second liter of MoviPrep (8oz every 15 minutes until bottle is gone)

At 5:00 pm drink third liter of MoviPrep (8oz every 15 minutes until bottle is gone)

Day of your colonoscopy

Continue the *clear liquid diet until 2 hours prior to your check in time

3-4 hours prior to your check in time, drink forth liter of MoviPrep

(8oz every 15 minutes until bottle is gone)